



: VEGAN OPTION AVAILABLE



: VEGETARIAN



: SMALL PLATE



: MAIN PORTION

# BOWLS

**Buddah**  **90**  
Black Beans, Quinoa, Grilled Tofu,  
Pickled Beetroot Coleslaw & Butternut

**Root Veg**  **80**  
Roasted Beetroot, Baby Carrots, Carrot Puree,  
Toasted Sunflower Seeds & Fried Apple

**Green Veg**  **80**  
Burnt Onion Puree, Broccoli, Falafel, Edamame, Corn,  
Sesame Soy Dressing, Cauliflower Nuggets & Peas

# TACOS

SOFT SHELL: 2/PLATE

**Chicken** Pulled Chicken, **60**  
Black Bean Salsa & Maple Bacon

**Tempura Hake** Pickled Beetroot **60**  
Coleslaw & Crème Fraîche

**Pink Falafel** Crispy Artichoke,  **60**  
Quinoa, Beans & Carrot Puree

**Smoked Pulled Brisket** **60**  
Chipotle & Summer salad

**Pulled Seitan**  **60**  
Salsa, Avo & Tempura Crunch

# POKEBOWL

**Plain**  **75**  
Rice, Nori, Pickled Cucumber, Avo  
(Seasonal), Radish, Spring Onion,  
Burnt Corn, Edamame, Pickled Ginger  
& Sriracha Mayo & Taco Crunch

**Salmon** **150**  
Rice, Nori, Avo (Seasonal), Pickled  
Cucumber, Spring Onion, Burnt  
Corn, Edamame, Pickled Ginger,  
Sesame Soy Marinated Norwegian  
Salmon & Taco Crunch

**Brisket** **140**  
Rice, Nori, Ginger, Pickled Ginger,  
Cucumber, Carrot, Miso Chickpea,  
Smoked Brisket & Crispy Onion

**Pineapple Chicken** **135**  
Rice, Nori, Ginger, Grilled Pineapple,  
Carrot, Pulled Chicken, Crispy  
Chicken Skin, Burnt Corn,  
Peppadew Relish & Spiced Peanuts

**Vegan Vibe**  **135**  
Crispy Fried Marinated Tofu, Rice,  
Nori, Ginger, Sweet Chilli Soy, Pickled  
Beetroot, Carrot, Toasted  
Sesame, Avo (seasonal) & Radish

# PLATES

## FROM THE SEA

SMALL PLATE



MAIN



**Tempura Hake** Pea & Mint Puree with Fried Capers & lemon Mayo **70** **140**

**Fried Patagonian Calamari** Truffle Mayo & Sun-dried Tomato Relish **90**

**Fresh Oysters (6 or 10)** Red Onion & Chive Salsa with Kombucha Snow **175** **275**

**Mussels** Fresh Herb Sour Cream Sauce & Garlic Gribble Ciabatta **110** **180**

**Sushi Stuffed Calamari** Sushi Rice, Norwegian Salmon, Sesame, with  
Crispy Nori, Miso & Lemon Mayonnaise, Soy Ginger Glaze & Tempura Crunch **85**

**Seasonal Seafood** Fresh Line Fish on a Pea & Mint Calamari tossed in Linguini **205**

**Pan Fried Sesame Hake (Poké Style)** Soy & Honey Glazed Hake on  
Poké Rice, Pickled Ginger & Carrot **155**



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# FRESH FROM THE GARDEN

SMALL PLATE



MAIN PORTION



## Burnt Cauliflower

Truwe Lentils, Halloumi, Crispy Artichoke and Veggies

70

95

## Root Veg Gnocchi

Roasted Baby Beets and Carrots, Garlic Gnocchi, Goats Cheese Mousse, Fresh Basil

85

## Fresh Garden Salad

Labneh, Cucumber, Peppers, Fine Onions, Seeds

65

## Tru e Pecorino Fries

Tossed in Truwe Oil

48

## Roasted Sweet Potato Fries & Fried Kale

38

# FROM THE LAND

SMALL PLATE



MAIN PORTION



## Pork Belly Ribs

Ginger Sesame Crust &amp; Fried Onion

110

## BBQ Chicken Lollipops

Crispy Summer Salad, Sweet Chilli Jam &amp; Vinaigrette

85

## Steak & Mushroom

Miso Crusted Sirloin, Wild Mushrooms, Garlic &amp; Herb Potato Gnocchi, Burnt Onion &amp; Roasted Garlic Pureé

125

245

## Maple Bacon & Cheese Burger

Famous Maple Bacon &amp; Smoked Emmental Cheese

105

## Grilled Chicken Nacho Burger

Cream Cheese, Nacho Chips &amp; Avo Pulp

110

## Seitan Cornflake 'Chicken' Burger

Avo pureé, Sricacha Mayo &amp; Black Bean Salsa

120

## Pulled Chicken Nachos

Peppadew Cream Cheese, Sundried Tomato Relish, Jalapeno &amp; Avo Pulp

125

# SOMETHING SWEET

## Pear Pannacotta

Honeycomb, Beetroot Syrup with Gin &amp; Tonic Snow

75

## Big Bang

Charcoal Meringue, Citrus Ice cream, Brownie &amp; Coconut Chocolate sauce

75

## Co ee Infused

Chocolate Soil, Honeycomb &amp; Passion Fruit Ice Cream, Pickled Ginger &amp; Sesame Snap

75

## Pineapple Express

Caramel Roasted Pineapple, Coconut Ice Cream, CBD Rum Gel &amp; Peanut Brittle

75

## MILKSHAKES

## Berry Pavlova

Mixed Seasonal Berries &amp; Meringue

65

## Acai Berry Banana

Oak milk &amp; Coconut Shavings

65

## Choc Peanut

Peanut Butter, Banana &amp; Triple Chocolate Cake

65

## Cereal Killer

Rice Krispies, Marshmallows &amp; Strawberry Milk

65